



PSHE Policy

PSHE is Personal, Social, Health and Economic Education. The Crestwood School believes that the successful education of the whole child is vitally important.

PSHE also supports the school's social, moral, spiritual and cultural agenda. We cover the government recommended core themes of: health and wellbeing, sex and relationships and living in the wider world (economic wellbeing, careers and citizenship). All students have a 50 minute PSHE lesson each week. They are also taught PSHE through themed assemblies and the Votes for Schools programme that looks at current affairs. Throughout the year, outside providers are also brought in to teach the students about key topics. This may be in the form of drama, a presentation or workshop.

The aim of PSHE in The Crestwood School is to teach **rights, respect and responsibility** to all of our pupils. We hope that the teaching of a variety of topics encourages these character traits in our pupils to prepare them to become good adult citizens within British society.

Resources are given to staff on a half-termly timetable. The schemes for learning contain a variety of activities to accommodate a variety of learning styles. The head of PSHE produces and monitors the delivery of PSHE.

Sensitive and controversial issues are dealt with efficiently. Each teacher will know their students best and will be able to ensure that all pupils feel included in the learning opportunities. All form tutors will be aware that any issues that pupils feel the need to discuss must be kept confidential unless of course it is necessary to disclose information due to a breach in the law or if there is a safeguarding issue.

Careers education and guidance programmes are run by a designated member of staff. The programme helps to prepare young people for the opportunities, responsibilities and experiences of life. A planned progressive programme of activities supports them in choosing 14-19 pathways that suit their interests and abilities and help them to follow a career path and sustain employability throughout their working lives.

Relationships and Sex Education (SRE) form a statutory part of the PSHE curriculum. During primary school students were taught about, healthy, respectful relationships, focusing on family and friendships in all contexts, including online. In secondary school we develop this understanding and introduce knowledge about intimate relationships and sex. This information sits within the broader topic of what constitutes a healthy and age appropriate relationship. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of

statutory RSE. Before actioning the school would meet with the parents to discuss the request. Thus, please contact the school and speak to Mr Naujeer if you would like to discuss this matter further.
Kind regards, Mr Naujeer

The curriculum for the 2021-2022 academic year is listed below.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year 7: My School and I (Be Awesome Go Big) <ul style="list-style-type: none"> - Secondary school changes - All about Me - Setting Targets - Peer Pressure 	Year 7: My Connection to Others <ul style="list-style-type: none"> - Managing Emotions - My Feelings 	Year 7: My Body <ul style="list-style-type: none"> - Puberty - Reproduction - Keeping Healthy - Keeping Clean - Body Image 	Year 7: Social Pressures <ul style="list-style-type: none"> - Peer Pressure - Knife Crime 	Year 7: Careers <ul style="list-style-type: none"> - Business Introduction - Working Life - Consumer Rights 	Year 7: Managing My world. <ul style="list-style-type: none"> - Personal Finance - My Money - Recycling Organic Food

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 8: Healthy Relationships <ul style="list-style-type: none"> - Relationship Abuse - Consent - Relationships and Social Media. - Sexting - STIs - Contraception 	Year 8: Health and Well Being <ul style="list-style-type: none"> - Attitudes to Mental Health - Resilience - Self-harm and Eating Disorders. 	Year 8: Emotional Wellbeing <ul style="list-style-type: none"> - Sleep - Resilience - Attitudes to mental Health 	Year 8: substance Abuse <ul style="list-style-type: none"> - Drugs - Alcohol - Smoking 	Year 8: Knife Free <ul style="list-style-type: none"> - Gang culture - Education against Carrying Knives 	Year 8: The World Of Work <ul style="list-style-type: none"> - Careers - Being your Own boss -CVs and Interviews

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 9 Healthy Relationships <ul style="list-style-type: none"> - Peer pressure - Portrayals of media sexualisation - Delaying sexual activity. 	Year 9: Healthy Relationships <ul style="list-style-type: none"> - Healthy relationships - HIV and Aids - Contraception. 	Years 9: Physical Health <ul style="list-style-type: none"> - Breast cancer - Testicular cancer 	Years 9: substance Abuse <ul style="list-style-type: none"> - Drugs - Alcohol - Smoking - Alcohol - Caffeine 	Year 9: First Aid <ul style="list-style-type: none"> Allergies Asthma Basic Life Support Bleeding Choking Head Injuries 	Year 9: The World Of Work <ul style="list-style-type: none"> - Careers - Being your Own boss -CVs and Interviews

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Years 10&11: Careers -	Years 10&11 How to Revise and My World - How to revise - Substance Abuse - County Lines - Domestic Abuse - FGM	Years 10 & 11: Revise and My World - How to revise - Substance Abuse - County Lines - Domestic Abuse - FGM	Years 10 &11: substance Abuse: - Alcohol - Managing risks - Drugs and festivals	Years 10&11: Relationships Fertility and pregnancy	Years 10&11: Well Being Depression Anxiety